

Superior First Aid and Lifesaving

2-620 Veterans Drive, Suite 7
Barrie, ON, L4N9J4
(705) 315-0870
info@superiorfirstaid.ca
www.superiorfirstaid.ca



Superior First Aid and Lifesaving

COVID-19 Protocols

Date: August 27, 2020

Safety is always our highest priority at Superior First Aid and Lifesaving. We must protect our community including our candidates and instructors. Superior First Aid and Lifesaving will always follow the advice given by Public Health Officials and follow their mandates.

As per Ontario Regulation 364/20 Section 5, under the Emergency Management and Civil Protection Act, The instructional space must be operated to enable students to maintain a physical distance of at least two metres from every other person in the instructional space, ***except where necessary for teaching and instruction that cannot be effectively provided if physical distancing is maintained.*** This includes some skills in our first aid programs.

See below for what we're doing to keep our community safe in our programs.

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- **All participants are required to pre-screen themselves before entering building**
 - **Hand Sanitizer, Masks and Gloves will be provided**
 - **Limited Class Sizes**
 - **Social Distancing in Classroom spaces**
 - **Deep Cleaning Before & After Sessions**
 - **Deep Cleaning of Equipment**
 - **Candidates will receive their own equipment during the course**
 - **All persons are required to wear Face Coverings (as per Local Mandates)**
 - **Limited Contact during First Aid Skills (when required)**
 - Manikins will be used during Assessments
 - PPE will be required during High Risk Skills (where physical distancing isn't possible)
 - Obstructed Airways
 - Two-rescuer CPR
 - Unconscious Victim
 - Suspected Head/Spinal Injuries
 - Bone & Joint Injuries
 - Other Skills at Instructor Discretion
 - Contact time will be minimized
 - Self-Rescue techniques to be used when reasonable



Before your Course: Complete your Self-Assessment and Waiver before entering the building. Use the Hand Sanitizer when entering and follow your instructor's instructions on where to sit.

During your Course: Remain 2 meters apart from others. Use only the equipment that was provided for you. Do not share Pocket Masks, Gloves, and other First Aid Supplies.

Contamination Protocol: If you show symptoms/test positive for COVID-19 during or within 14 days of your course, contact us immediately. All participants will be contacted and asked to begin a 14-day self-isolation.

Register with someone in your Social Circle! We prefer & recommend that candidates register and participate with someone who is in their Social Circle. You will be paired up during First Aid Skills where social distancing isn't possible. This helps eliminate the spread across our communities. Your Social Circle Partner will get 50% off their course.

Learn more about Social Circles at www.ontario.ca/socialcircles



GET 50% OFF

Your Social Circle
Partner will get 50% off
their course.

Discount applies automatically. Applies
only to In-person/Blended Courses.

Frequently Asked Questions:

Please visit our Website under COVID-19 protocols to view our Frequently Asked Questions.

If you have a question for us, please feel free to contact us!